What’s the difference between Intramurals and Sport Clubs?
Intramural sports are leagues offered for University of New Hampshire participants only. These leagues occur on campus and generally last 4 weeks, followed by playoffs. Club Sports are University recognized student organizations that are student-run and organized on recreational, instructional and/or competitive levels. Participating in a Sport Club allows students an opportunity to compete against other colleges and universities while promoting learning and developing leadership skills.

Who can join a sport club?
Clubs are open to full-time, matriculating students and staff. However, some competitive clubs have their own specific eligibility guidelines set by their respective sports governing body, which have specific standards for collegiate competition. Most leagues/conferences allow only students in good academic standing to participate.

How do I join a sport club?
Check out the sport club section of the website and click on the club you are interested in joining. On their club website will be contact information for their student leader, as well as practice information. All clubs hold a general interest meeting during the first few weeks of the Fall semester, so this is a great opportunity to learn about the club. The easiest way to get involved is to attend the organizational meeting or email the club president for more details. Before participating with a sport club, every member must register online.

Are there fees to participate with clubs?
All clubs require dues to supplement operational expenses. These expenses include travel, uniforms, equipment, and registration costs. Member dues vary from club to club but can range anywhere from $15- $2000 a year.

Do I have to try out?
This will be dependent on the type of club you choose to participate in. Typically, sports that offer tryouts often will have cuts as well.

How often do sport clubs practice and compete?
The number of weekly practices and competitions vary widely for each club. Some clubs practice up to four days a week and compete every weekend, while others practice twice a week and travel once a semester. Contact the club president of the team you are interested in joining, to find out specific practice and competition information.

What are the benefits of being a member in a sport club?
The UNH Sport Club program gives each student an opportunity to take part in the leadership, responsibility and decision making process of club activities. The success of the Club is dependent on the organization, management, professionalism and leadership shown by the club officers, student members and coaches. Student leaders run the day-to-day operations, which include scheduling practices, activities and games, working with league and conference officials, making travel arrangements, and the financial management of the club. Sport Club student leaders will develop transferable skills that employer’s value.

The club I am interested in joining isn’t listed on the website. Is it possible to start a new club?
If the club you are interested in joining isn’t currently offered as a Sport Club, you can go through an application process to apply for Sport Club status. For details about the club application process, contact Sport Club Coordinator Beth Goldenberg at Beth.Goldenberg@unh.edu.