FITNESS ASSISTANT

Summary of Position: Fitness Assistants are responsible for the oversight of the Hamel Recreation Center Fitness spaces. Staff are tasked with providing excellent customer service, enforcing risk management procedures, and completing administrative tasks.

Qualifications: Looking for staff who are able to help create a friendly and welcoming environment to all guests by providing exceptional customer service.

Expected Hours: 6-10 hours per week, including early mornings, nights and weekends

Rate of Pay: $8.25/hour

Supervisor: Margaret Rodgers – Coordinator of Fitness

Duties and Responsibilities:
- Provide excellent customer service
- Create a welcoming, safe, and comfortable environment for all patrons
- Answer patron questions
- Wipe down and put away equipment
- Provide assistance with spotting and equipment orientations when solicited
- Enforce risk management policies
- Monitor patrons’ safety
- Report any maintenance concerns with equipment or spaces
- Assist with Group Exercise classes

Certifications and Trainings: A lot of the training for this position is offered on the job and is provided to staff by Campus Recreation professional staff. However, there are a few things Campus Recreations expects of its staff members:
- Must be able to attend department-wide and program specific trainings provided at the beginning of each semester
- Must maintain current certifications for first aid, CPR and AED
- Must be able to attend monthly staff meetings

Typical Hiring Timeline: Applications to join the Fitness Assistant team open in late November and late February. Visit the Campus Recreation Employment page or the Campus Recreation page on Wildcat Careers to find out more.

About Campus Recreation: Campus Recreation at the University of New Hampshire strives to provide extraordinary recreational programs and services that enhance a healthy lifestyle for thousands of participants. UNH Campus Recreation relies upon 250 student staff members to ensure that every participant has a positive and safe experience. The goal of employment with UNH Campus Recreation is that student employees have a developmental work experience that provides staff with skills that can be carried into their professional careers.

UNH Human Resources: The University System of New Hampshire is an Equal Opportunity/Equal Access/Affirmative Action employer. The University System is committed to creating an environment that values and supports diversity and inclusiveness across our campus communities and encourages applications from qualified individuals who will help us achieve this mission. The University System prohibits discrimination on the basis of race, color, religion, sex, age, national origin, sexual orientation, gender identity or expression, disability, veteran status, or marital status. Application by members of all underrepresented groups is encouraged. Hiring is contingent upon eligibility to work in the U.S.