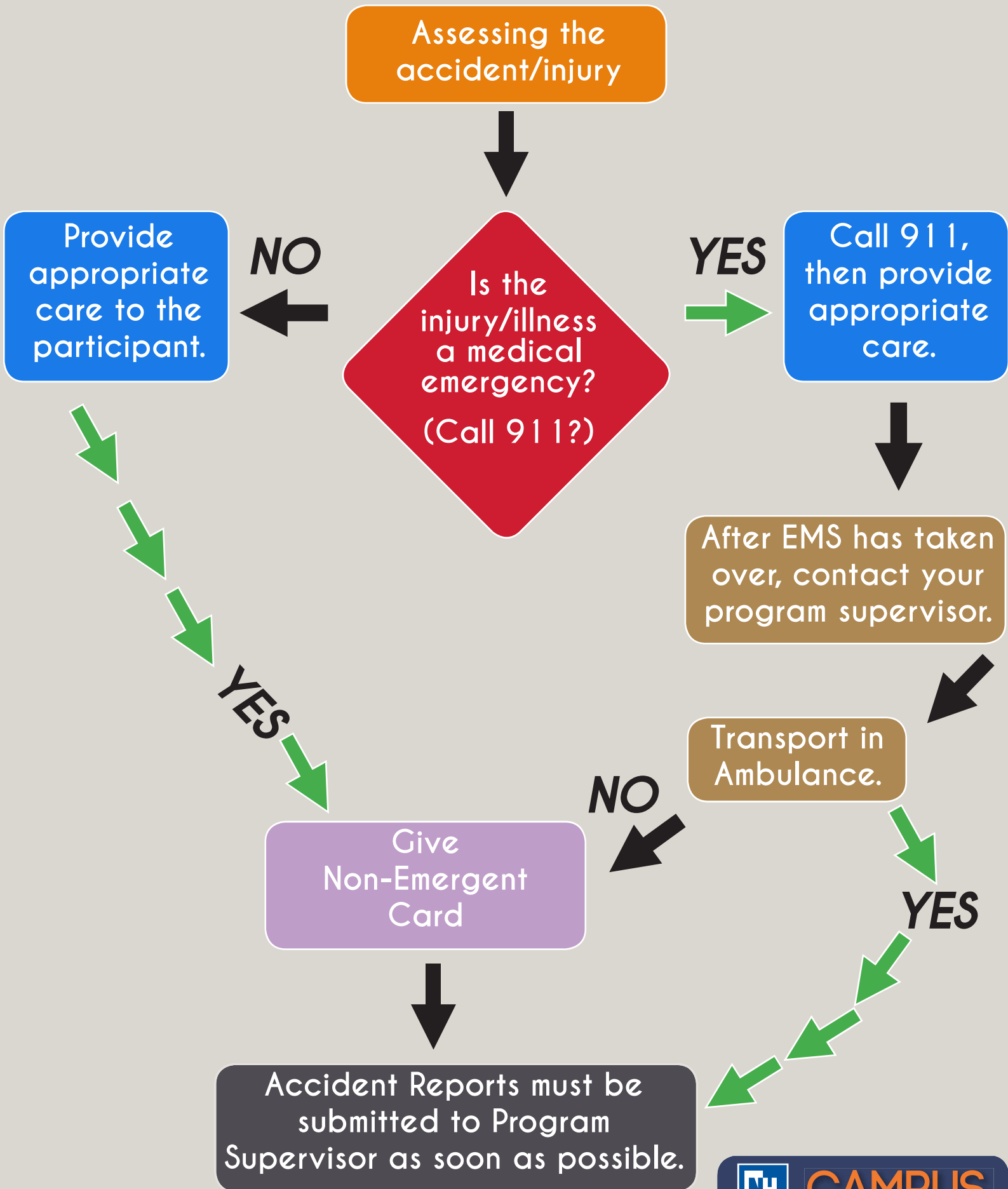


# Campus Rec Injury Protocol



# Campus Rec Injury Procedure



## Assessing the Accident/Injury

- Survey the scene (is it safe to help out?)
- How many victims are there? How severe are they? In what order should they be helped?
- Can bystanders help out? Determine what happened?
- Determine what course of action is necessary?

## When to Activate EMS – 911? (Is the injury / illness a medical emergency)

- **ERR ON THE SIDE OF CAUTION!!! (when in doubt, call 911)**
- **Remind victim that they will not be charged unless they are transported in ambulance**

It is a medical emergency if the victim has suffered any of the following:

- Victim loses unconsciousness at any point
- Chest pain or pressure or Trouble breathing
- Bleeding severely or the bleeding cannot be controlled
- Vomiting – w/ suspected concussion or dehydration
- Seizures, severe headache, or slurred speech
- Appears to have been poisoned or having allergic reaction
- Disorientation and confusion
- Head, neck, or back injury **\*\*\*DO NOT MOVE THE PERSON\*\*\***
- Broken bone or dislocated joint
- Person requests medical assistance
- Follow outdoor guidelines if in a wilderness setting

## Activating EMS (Calling 911):

- State your name and phone number
- State the activity that is taking place and its location
- State the type of injury that has occurred and the number of victims
- State the first aid that has been administered thus far
- Explain where the ambulance should enter the building and where they will be met by the designated person
- Do not hang up the phone until they have hung up first If no Cell phone service protocol, from OA manual

## Providing Care

- Address the most serious injury first (i.e: the unconscious victim over the victim with a bloody nose)
- If the person is conscious, make sure to identify yourself and your certifications and get permission to help before assisting victim
- If the victim is unconscious, assume that is alright to help them
- Administer first aid/cpr to the level you are certified to perform
- If you are able to assess that the person is unconscious, not breathing, and does not have a pulse, (after 911 has been called) have someone bring the closest **AED**
- Have someone trained in using the AED provide assistance
- Do not leave the victim alone unless you are alone and need to leave to call 911
- Remember your ABC's (AIRWAY, BREATHING, CIRCULATION)
- Wait with the victim until the more qualified personnel arrive at the scene

## Non-emergency after hours

- **Minor Illness & Injuries**
- If medical treatment is not urgent but you are not sure treatment can wait until Health Services is open
- **Call Health Services at (603) 862-WELL (9355) and press 2**
- You will be automatically connected with a medical call center, where staff will conduct a phone assessment, & make suggestions for additional care options, including a visit to an urgent care center or hospital, if appropriate.

## Communication protocol

- Inform direct supervisor of the injury

## Completing an accident report

- The supervisor on duty should be responsible for this and should be done as soon as possible
- Report only the facts
- All accident reports should be submitted to program supervisor as soon as possible
- Be sure to collect contact information for injured participant and at least one witness