

## **GUIDELINES FOR COACHES**

Coaches are responsible for teaching the sport to all club members and should be knowledgeable within the specific area of instruction. The coach/instructor should rely on his/her experience to help the club mature and achieve its full potential by assisting members to refine their individual skills and reach their team goals. The coach/instructor should restrict his/her services contributions to coaching/instructing and should refrain from activities involved in the club management.

A club is first and foremost a student organization, and as such, the student officers must serve as the liaison between the club and the Sport Club Staff. The student leaders will be responsible for handling all of the logistics and administrative duties of their club.

1. An exemplary coach can bridge the gap from year to year without usurping the authority of the student leadership. He/she participates without domination. Any coach who takes over the club to the extent that students are no longer the leaders, removes the opportunity for student development. Club coaches are encouraged to embrace the student development concept maintained by the Department of Campus Recreation.
2. The coach can be a faculty staff member or graduate assistant, but must be three years removed from graduating the University of New Hampshire. He/she should be highly interested and, if possible, experienced in the specific activity and accepted and respected by the members of the club.
3. It is highly suggested that coaches are CPR, First Aid, and AED Certified as well as Defensive Driving Certified. These training certifications can be acquired free of charge through Campus Recreation.
4. Coaches must complete the following before coaching their club:
  - A. Complete background check through UNH HR
  - B. Complete "Coaches Background Information" sheet
  - C. Read and sign UNH Sport Club Coaches Work Agreement
  - D. Complete online UNH Sport Club Coaches Training & Online Quiz
5. Members will evaluate the coaches each year to review their role with the team.

### **THE COACH / STUDENT MEMBER RELATIONSHIP**

The coach/student member relationship is a privileged one. Coaches play a critical role in the personal development of their members. Coaches must recognize that they are conduits through which the values and goals of a sport organization are channeled. Thus, how athlete member regards his/her sport is often dependent on the behavior of the coach. The following expectations have been developed to aid coaches in achieving a level of behavior which will allow them to assist their members in becoming well-rounded, self-confident, and productive human beings.

## COACHES EXPECTATIONS

1. Monitor Sport Club activities to ensure the safety of participants and ensure that the activity is suitable for the age, experience, ability, and fitness level.
2. Assure only eligible club members participate. An eligible club member is a full time UNH student, or a faculty/staff member with a valid recreation pass if club's league rules permit faculty/staff participation.
3. In compliance with Title IX and the Clery Act, all allegations of criminal behavior that you have knowledge of must be reported to UNH PD and Sport Club Professional Staff.
4. Respect students' dignity; verbal or physical behaviors that constitute harassment or abuse are unacceptable.
5. Treat everyone fairly within the context of their activity. Do not discriminate on the basis of race, color, religion, sex, national origin, age, veteran's status, gender identity or expression, sexual orientation, marital status, or disability in admission or access to, or treatment or employment in, its programs, services, or activities.
6. Consistently display high personal standards and project a favorable image of their sport and of coaching.
  - Refrain from public criticism of fellow coaches.
  - Abstain from the use of tobacco products while in the presence of members and discourage their use by members
  - Abstain from drinking alcohol when working or traveling with the students
  - Discourage the use of alcohol in conjunction with events.
  - Refrain from the use of profane, insulting, harassing, or otherwise offensive language or behavior in the conduct of his/her duties.
7. Direct comments or criticism at the performance rather than the individual member.
8. Allow members' goals to take precedence over coach's own
9. Regularly seek ways of increasing professional development and awareness
10. Treat opponents and officials with due respect, both in victory and defeat; and encourage members to act accordingly. Actively encourage members to uphold the rules of the sport and the spirit of such rules
11. Be aware of the academic pressures placed on students and conduct practices and games in a manner so as to allow and encourage academic success
12. At no time become intimately and/or sexually involved with their members. The Department of Campus Recreation will view it as unethical if a coach engages in amorous relations with students subject to their supervision, even when both parties appear to have

consented to the relationship. Furthermore, such action makes the coach liable for formal action against him/her if a complaint is initiated by a student member.