Kid Cooks

Kid-Friendly Recipes
The Home Edition

Chocolate Banana Pops

More recipes coming soon!

Follow us on Facebook @ UNHCampusRecYouthPrograms
Chocolate Banana Pops

Ingredients:

1) 4 Bananas
2) 6oz Chocolate Chips
3) 8 Popsicle/Craft Sticks or Bamboo Skewers
4) Optional Toppings: Nuts, Coconut, Sprinkles, etc.
Chocolate Banana Pops

Step 1
Prepare a small baking sheet by lining with parchment paper. Peel each banana and cut them in half crosswise. Insert skewer or popsicle stick into each banana half. Lay bananas on baking sheet and freeze for 1 hour or until bananas are frozen.

Step 2
Melt chocolate. You can use a double-boiler or microwave. For microwave, add chocolate to microwave safe bowl and heat for 1 minute. Stir and continue to heat in 30 second increments until chocolate is melted and smooth.

Step 3
Dip each frozen banana half into the melted chocolate, coating as much of the banana as you’d like. Sprinkle with optional toppings quickly as chocolate hardens fast. Place each chocolate covered banana back on parchment.

Step 4
Enjoy your chocolate banana pop immediately or store them in the freezer for up to 1 month!