UNH Campus Recreation

Fitness Assistant: Job Description

Location: Hamel Recreation Center
Supervisor: Coordinator of Fitness – Margaret Rodgers
Rate of Pay: $8.25/hour

General Function: Fitness Assistants are responsible for the oversight of the Hamel Recreation Center Fitness spaces. Staff are tasked with providing excellent customer service, enforcing risk management procedures, and completing administrative tasks. This position has potential for promotion to leadership opportunities.

Hours: 6-15 hours per week

Duties and Responsibilities:
- Provide excellent customer service
- Create a welcoming, safe, and comfortable environment for all patrons
- Answer patron questions
- Clean and put away equipment
- Provide assistance with spotting and equipment orientations when requested
- Enforce risk management policies
- Monitor patrons’ safety
- Report any maintenance concerns with equipment or spaces
- Complete administrative tasks
- Prepare Fitness Spaces for opening and closing
- Swipe patrons into Group Exercise classes
- Enforce Group Exercise policies
- Assist Group Exercise Instructors and/or Personal Trainers whenever needed
- Assist Fitness Coordinator in any special projects when needed

Qualifications:
- Outstanding customer service skills
- Strong written and verbal communication skills
- Ability to interact with diverse groups through a variety of situations
- Ability to use independent judgement when needed and possess strong problem-solving skills
- Ability to work independently under little supervision
- Must be able to attend department-wide and program specific trainings
- CPR/First Aid Certified

Leadership Development Opportunities:
- Fitness Assistant staff who consistently demonstrate a high level of work performance, responsibility and professional attitude will have the opportunity to enhance their leadership, supervision, risk management and critical-thinking skills through a promotion to Fitness Program Assistant and/or Building Manager.

For more information on how to apply, contact:

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Or visit: http://campusrec.unh.edu/employment