Outdoor Adventures

Packing List: Winter Overnight Equipment List

All gear not listed under the optional category is MANDATORY. Prior to leaving for the field-based portion, we will do a thorough gear check. If you are having issues securing this gear, please contact us ASAP. Items denoted by an * are available on a first-come-first-serve basis from OA.

Please email outdoor.adventures@unh.edu to reserve these items.

**Clothing**

- 2 Polypro or Wool Long Underwear Bottoms*
  - 1 midweight and 1 heavy weight
- 2 Polypro or Wool Long Underwear Tops*
  - 1 midweight and 1 heavy weight
- 2 Fleece or Wool Sweaters*
- 1 pair of Fleece Pants
- 1 Waterproof Jacket
- 1 Insulating Coat (Down or Polyfill coat)
- 1 Pair of Wind/Waterproof Pants
  - (ski pants work, rain pants are better for layering)
- 2 Fleece or Wool Hats
- 1 pair of Thin Liner Gloves
- 1 pair of Fleece or Wool Gloves
- 1 pair of Outermitts (Waterproof Shell)
- 1 Neck Gaiter or Balaclava
- 4 pairs of Wool Socks
  - (1 pair should be heavy weight)
- 1 pair of Winter Boots*
  - (Sorels, Plastic Double Boots, Army-Issue Winter Boots - should have removable liner.)
- Personal Items - toothbrush/toothpaste, etc.

**Equipment**

- Large Backpack* (at least 70L. Bigger = Better)
- Sleeping bag rated to at least -20 degrees*
- 2 Sleeping Pads* (if using inflating sleeping, pad you must have closed cell pad also)
- 2 Water Bottles (insulating jackets preferred)
- Bowl, Spoon (non breakable)
- Insulating Mug or Thermos
- Headlamp with extra batteries*

**Optional**

- Down or Synthetic Booties
- Sunglasses
- Liner Socks (recommended if boots are new)
- Gaiters

Italicized items can be provided by Outdoor Adventures.

If you have questions about certain items or are having trouble finding them, email outdoor.adventures@unh.edu

Some stores in the area that may carry these items:

- EMS
- Philbrick’s Sports
- Fire on the Mountain
- Goodwill
- TJ Maxx
- Marshall’s
- Dick’s Sporting Goods
- Putnam’s Ski and Snowboard
- Kittery Trading Post
- Other Thrift Stores

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